

## Typical Intermediate Casting Instruction Plan

Date: 15 August 2009

Client: Bob

Objectives: looking for general improvement in basic casting skills

Experience: some fly casting

1. safety
2. the five essentials plus one
  - a. the rod tip must travel in a straight line path,<br/>
  - b. the size of the casting arc varies according to the amount of line beyond the rod tip
  - c. the pause between each cast must vary based on the amount of line beyond the rod tip
  - d. power must be applied at the proper place at the proper time
  - e. slack must be kept to a minimum
  - f. the stop must be certain and emphatic
3. casting stroke and the 'stop'
4. loop formation
5. shooting line
6. aerial mends like a reach mend
7. how to analyze your cast and make adjustments to correct common problems
8. practice drills that will help you build your casting skills in a step-by-step manner